Functional vs. Anatomical Revascularization in Multivessel Coronary Artery Disease

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Disclosure Statement of Financial Interest

Within the past 12 months, I or my spouse/partner have had a financial interest /arrangement or affiliation with the organization(s) listed below

Affiliation/Financial Relationship	Company
Grant/ Research Support:	Abbott, Medtronic, Acist, CathWorks, Edwards LifeSciences
Consulting Fees/Honoraria:	Boston Scientific
Major Stock Shareholder/Equity Interest:	
Royalty Income:	
Ownership/Founder:	
Salary:	
Intellectual Property Rights:	
Other Financial Benefit:	Minor Stock Options: HeartFlow

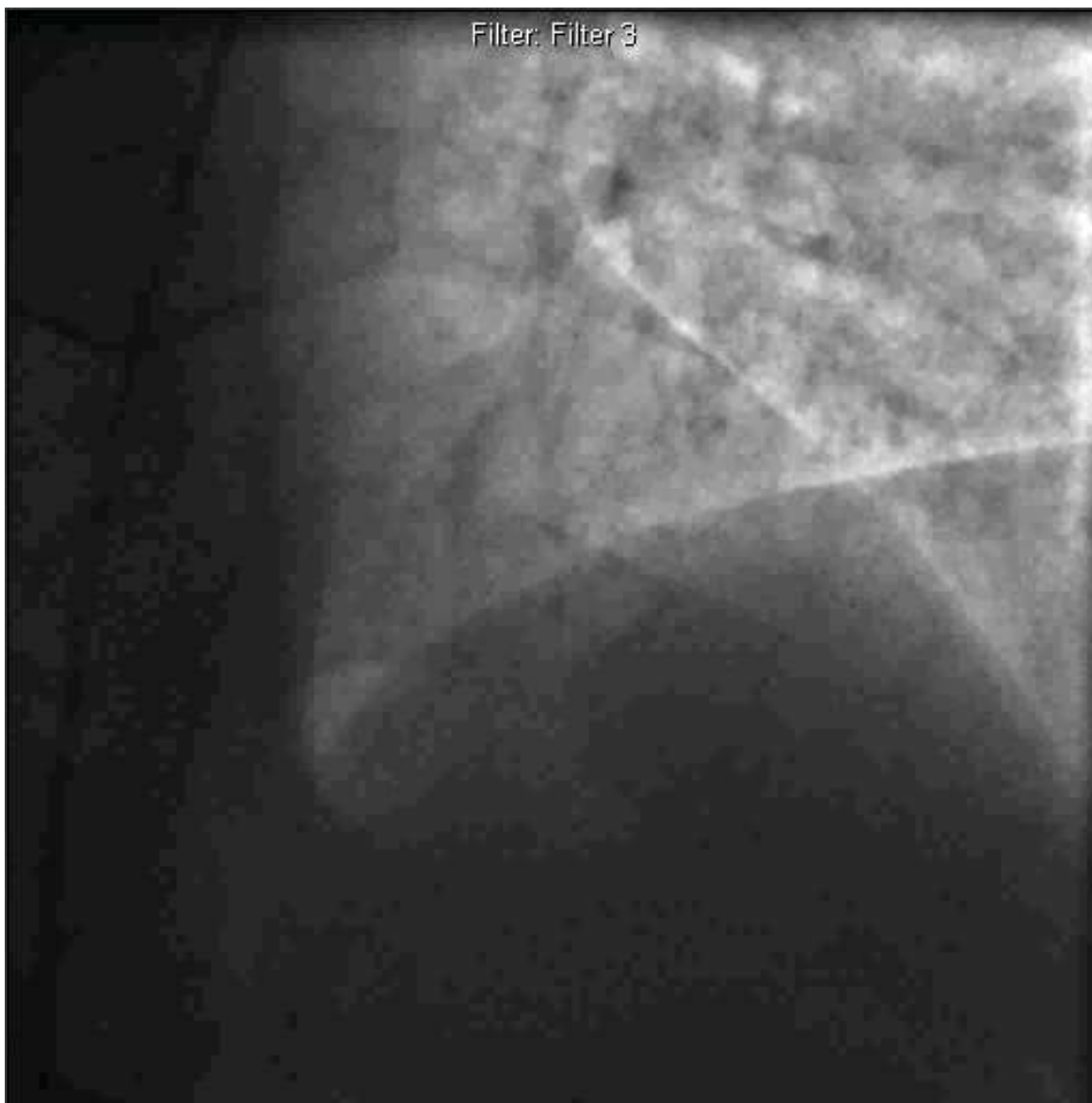# Functional vs. Anatomical Revascularization

- Is "functionally complete" revascularization with deferral of CAD based on FFR as effective as anatomic complete revascularization?
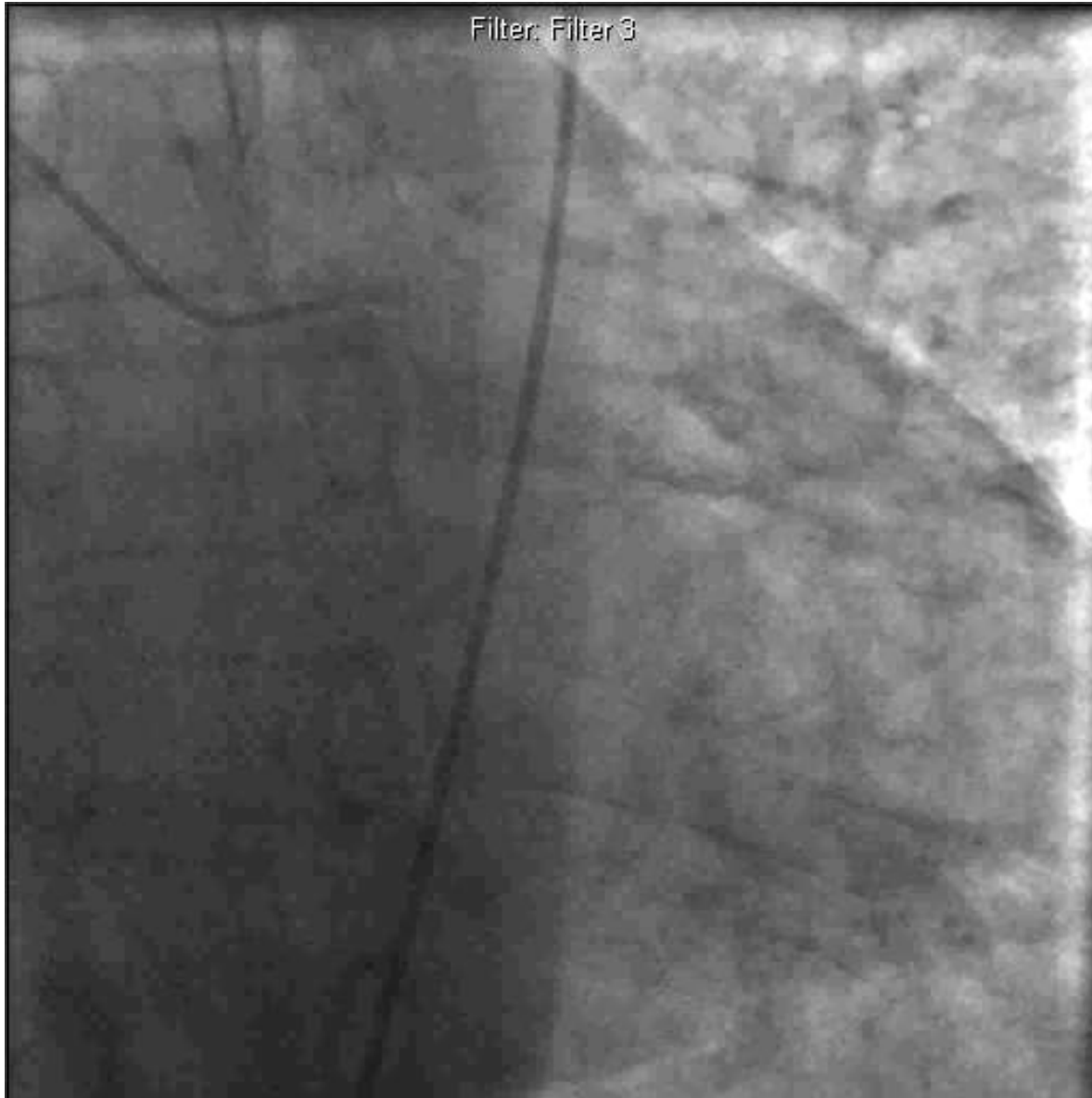
- Does ischemia trump anatomy?
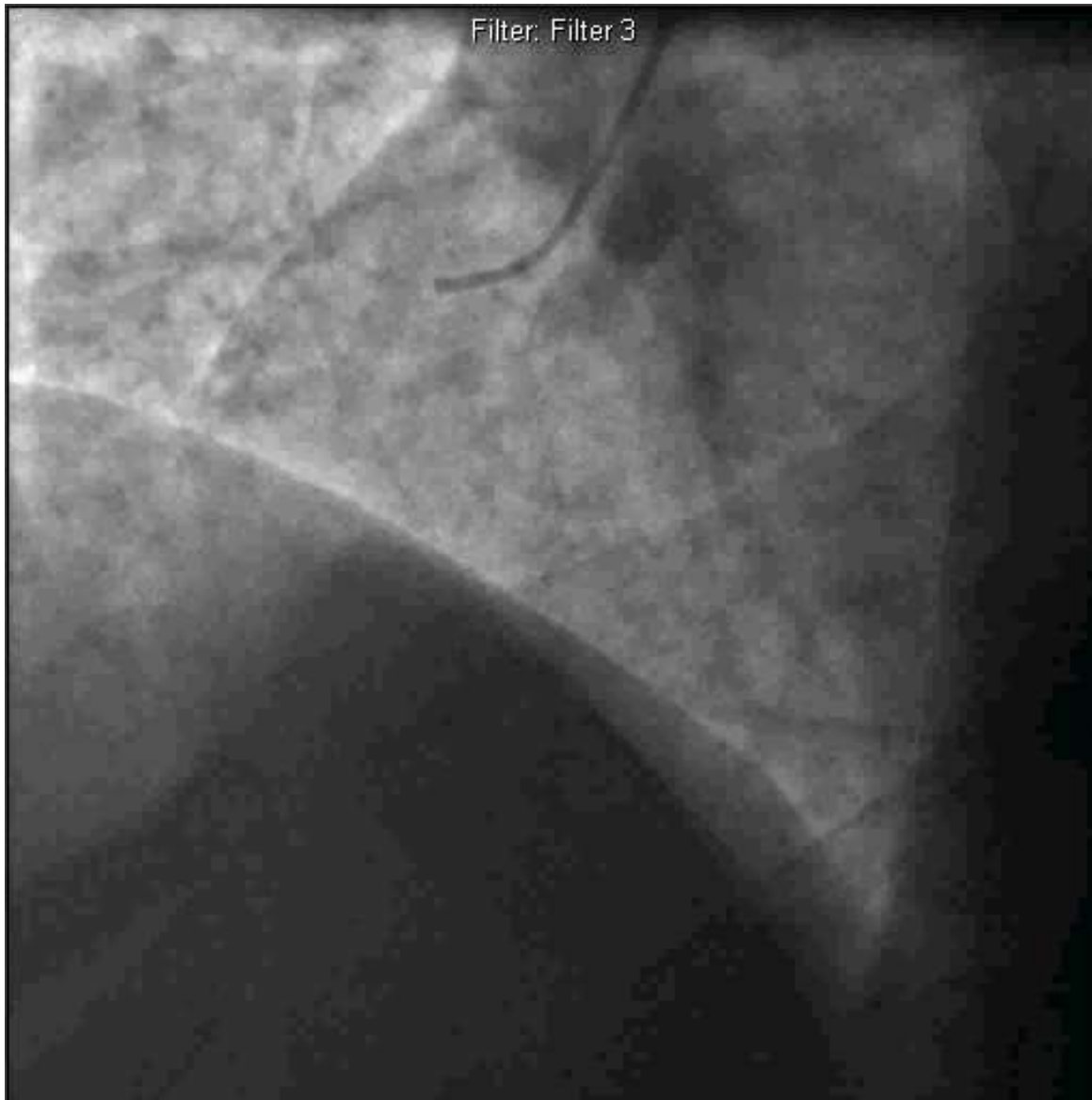
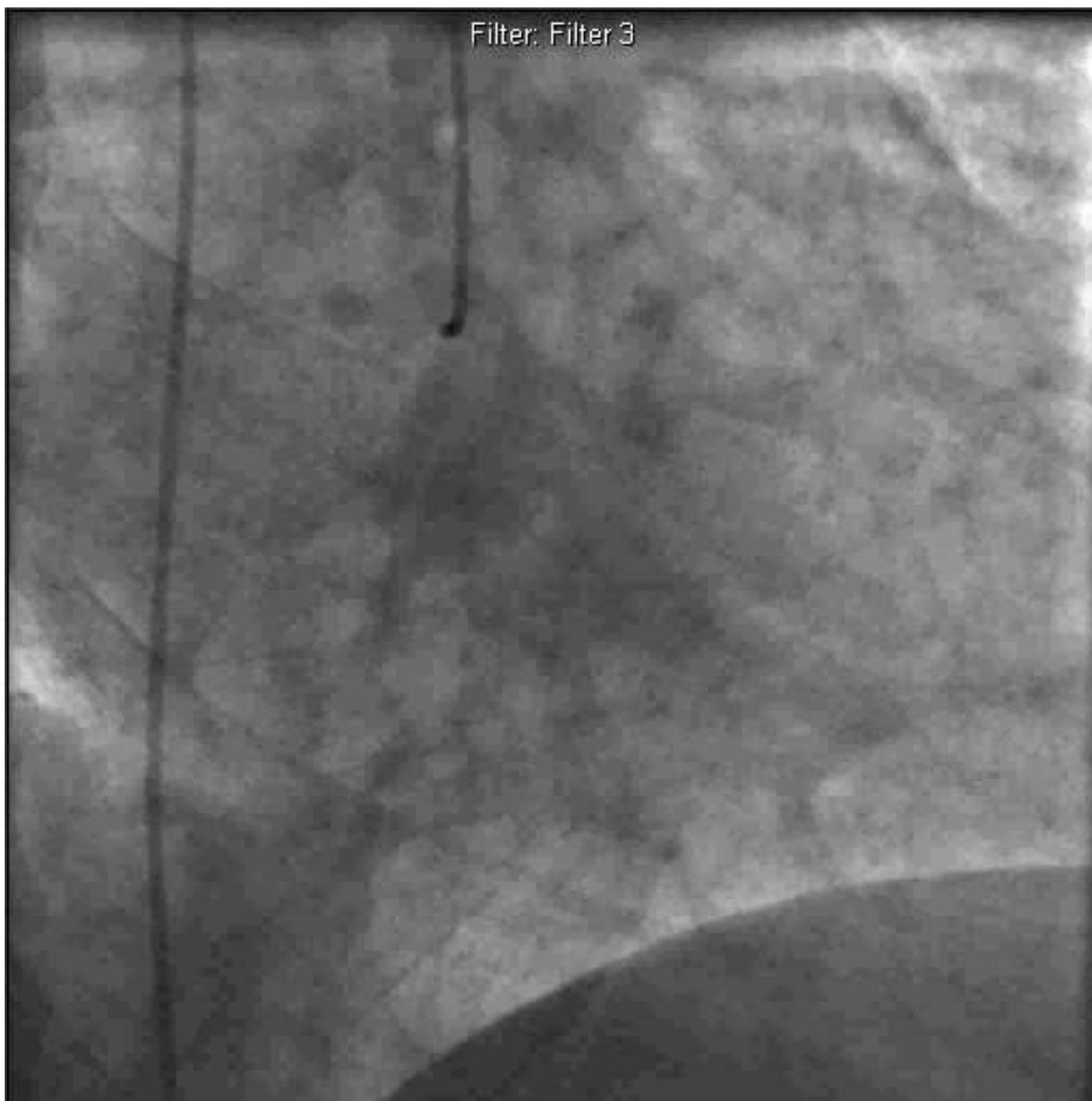# 55 yo man with chest pain and NSTEMI
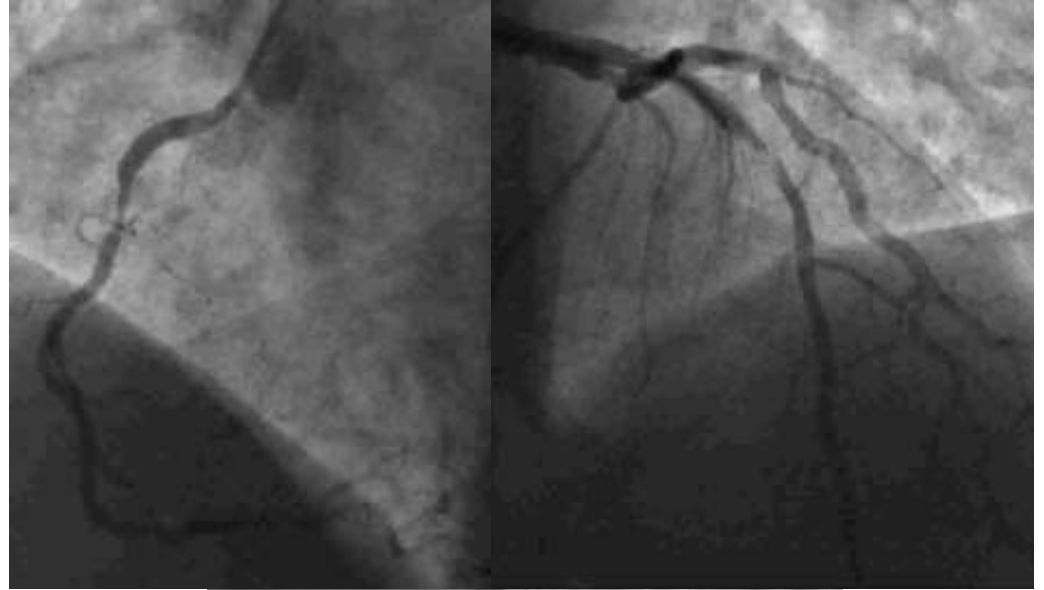
Filter: Filter 3

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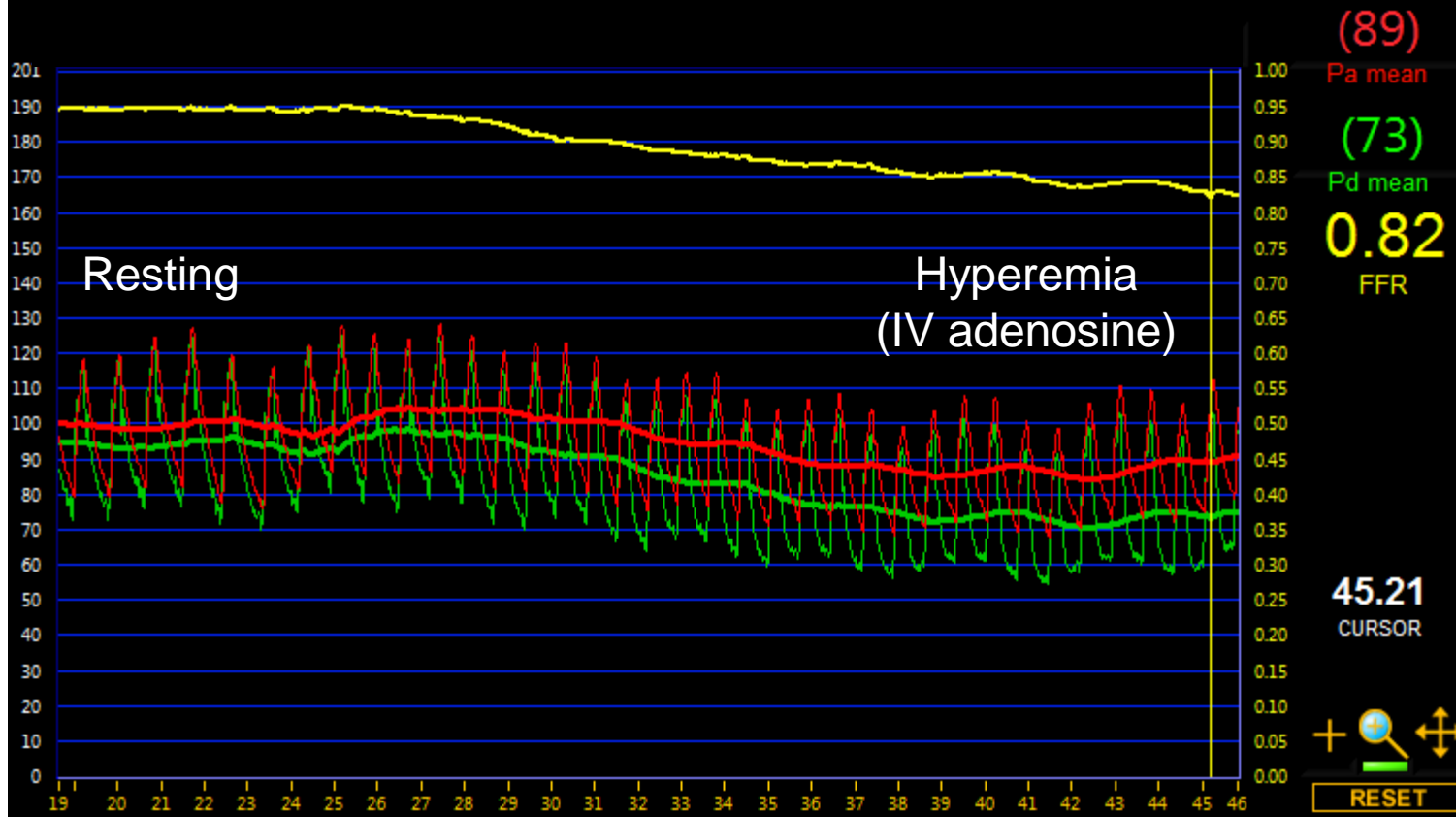# What should we do now?

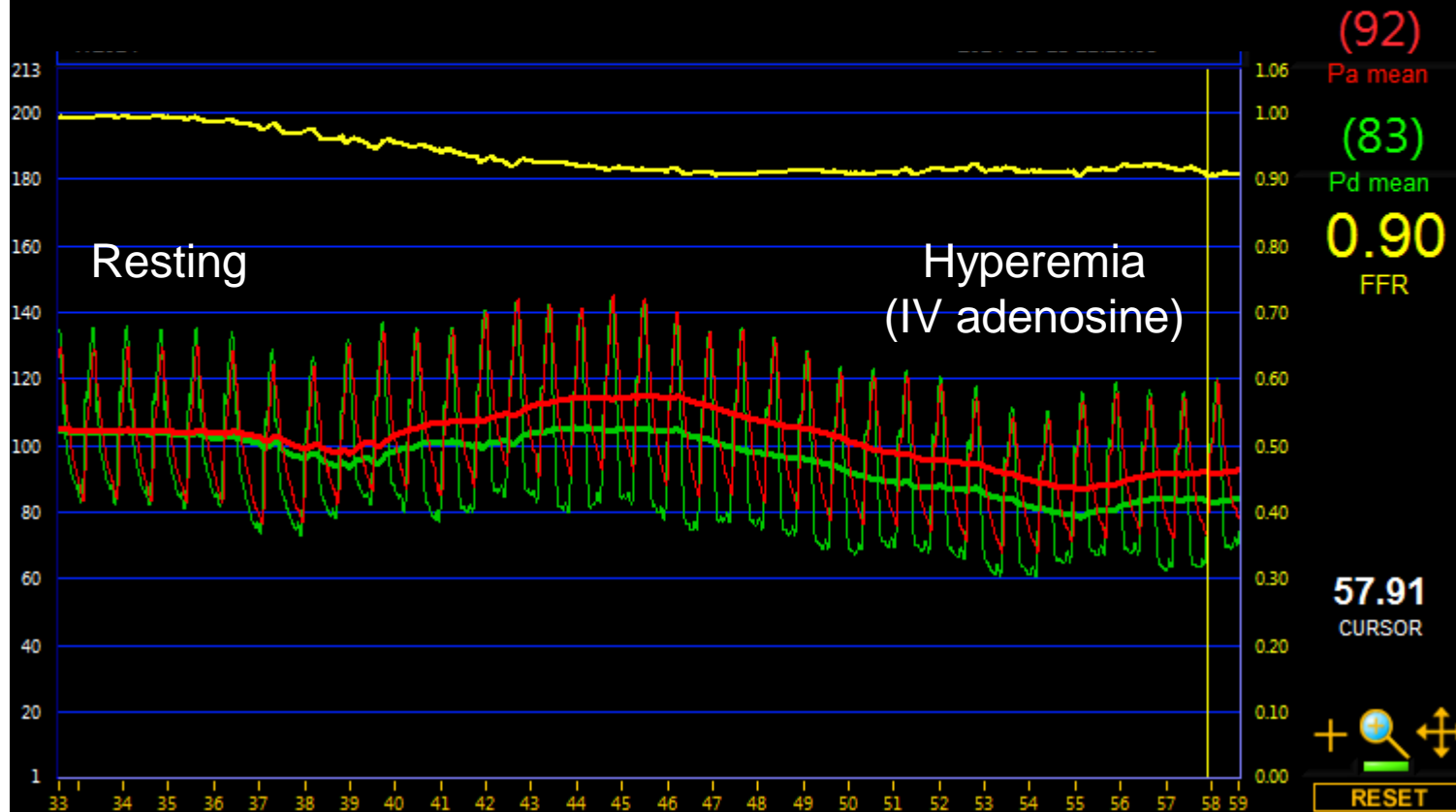- Med Rx alone

- PCI
  - Which vessels?

- CABG

FFR RCA = 0.82

FFR L Cx = 0.90

Resting

Hyperemia
(IV adenosine)

Filter: Filter 3
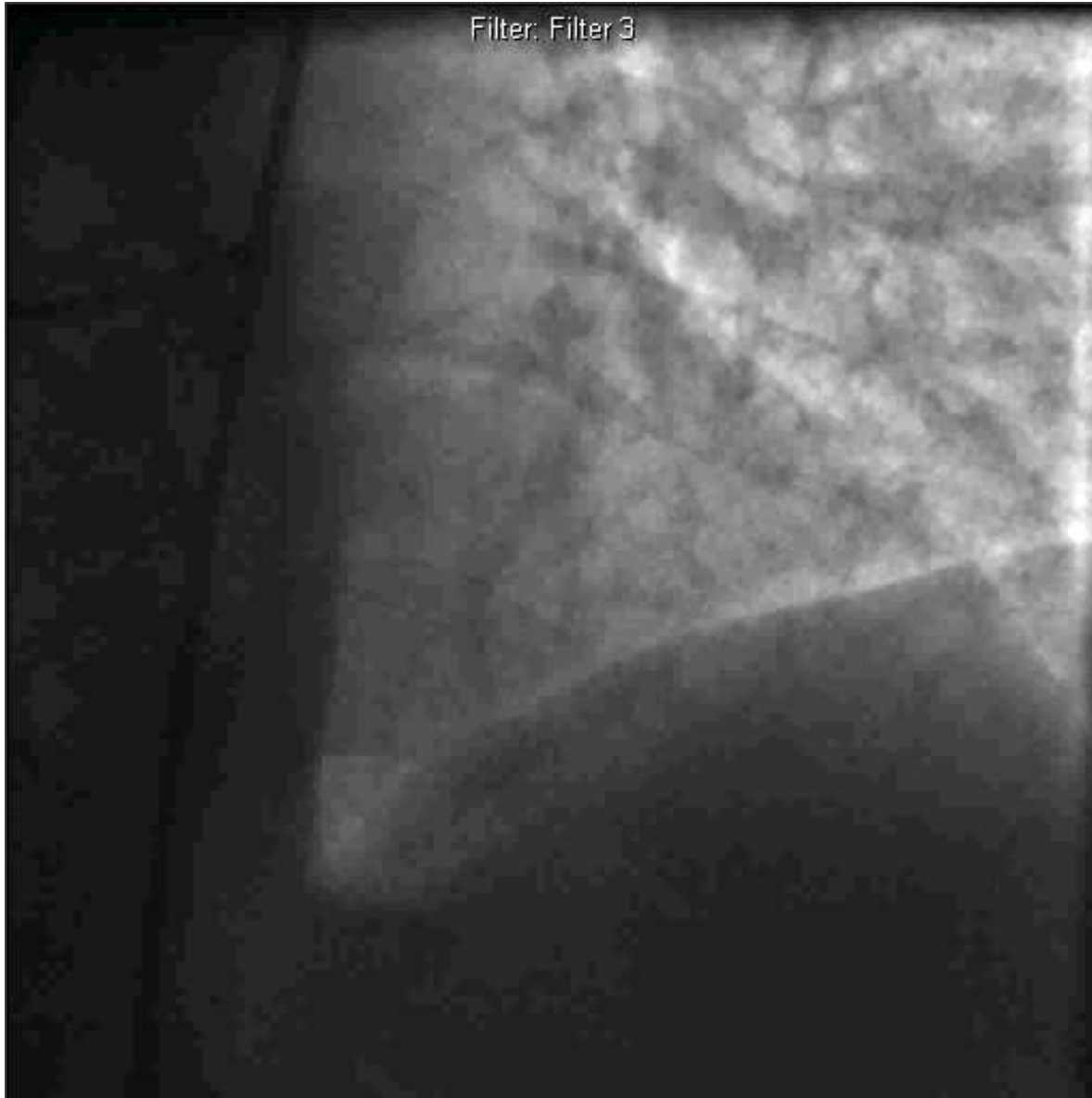
Summary of Case

- Anatomic 3V CAD, functional 1V CAD

- Successfully treated with single stent

- <150 cc contrast, < 1 hour procedure

Is this approach safe and effective?

FAME 1: One Year Outcomes

1,005 patients with multivessel CAD randomized to FFR-guided vs angiography-guided PCI

Tonino, et al. New Engl J Med 2009;360:213-24.
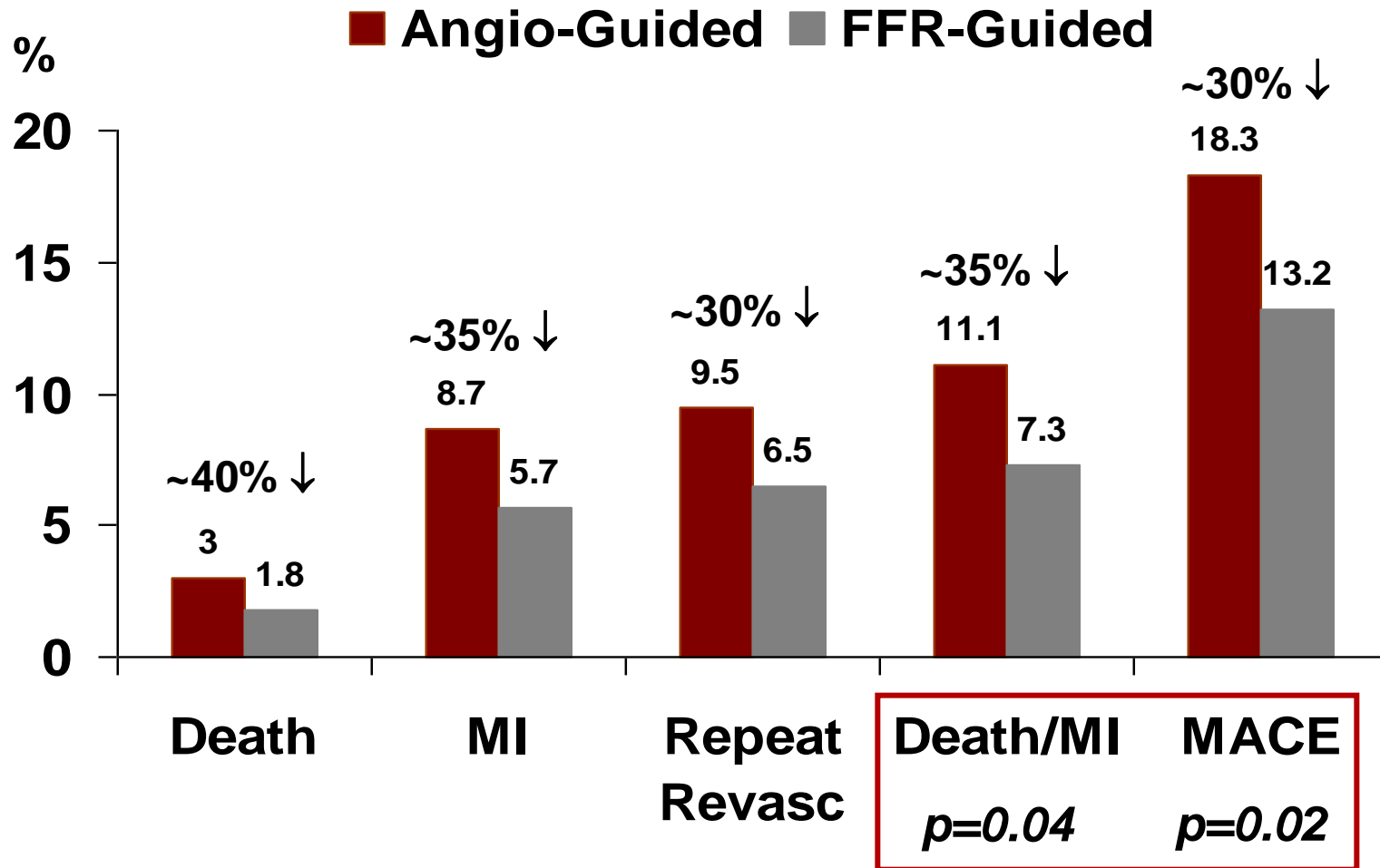
FAME 1 Trial: *Five Year Outcomes*

van Nunen, Zimmermann, et al. Lancet 2015;386:1853-60.

Anatomic vs. Functional CAD

Patients with angiographically 3VD (N=115), proportions per number of diseased vessels after assessment by FFR

Angiographic 3 Vessel Disease

Tonino, et al. J Am Coll Cardiol 2010;55:2816-21.

SYNTAX Score

- Angiography-based scoring system aimed at determining coronary lesion complexity

- Because it is angiography-based, it is inherently limited by the accuracy of the coronary angiogram

Impact of SYNTAX Score on PCI

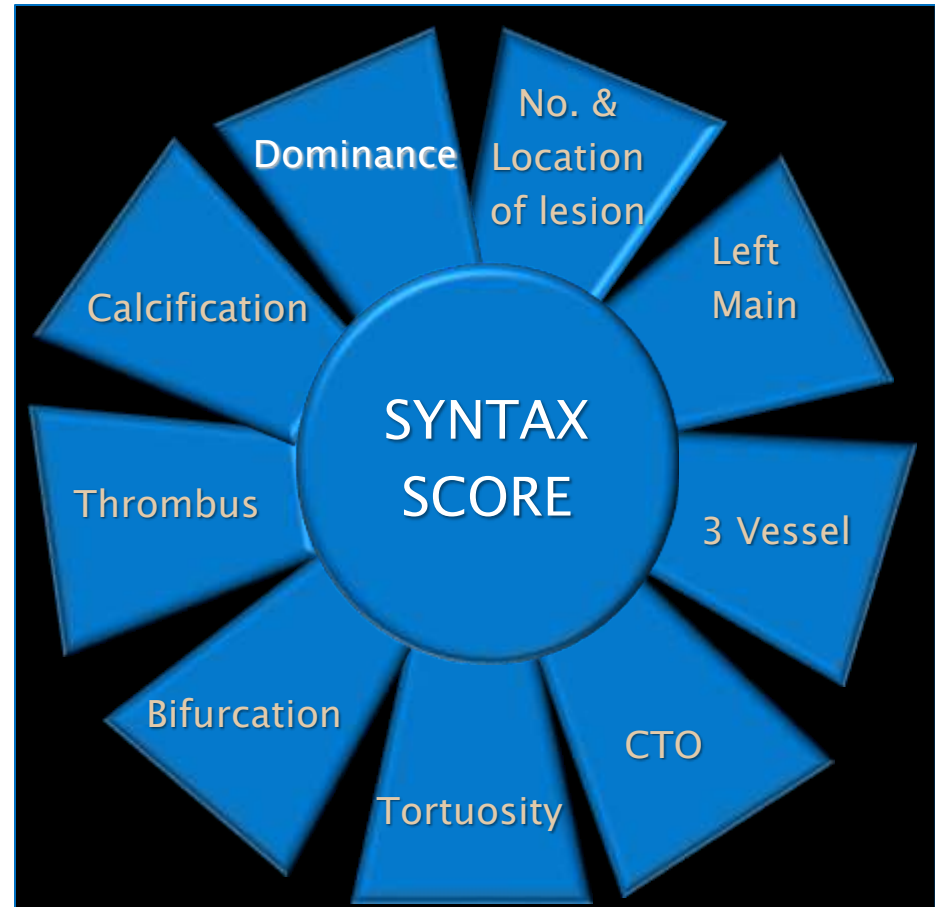*US Appropriate Use Criteria for Coronary Revascularization*

UPLM or complex CAD			
CABG and PCI	I—Heart Team approach recommended		C
CABG and PCI	IIa—Calculation of STS and SYNTAX scores		B
UPLM*			
CABG	I		B
PCI	IIa—For SIHD when *both* of the following are present: ■ Anatomic conditions associated with a low risk of PCI procedural complications and a high likelihood of good long-term outcome (e.g., a low SYNTAX score of ≤22, ⌐ ⌐k left main CAD) ■ Clinical characteristics that predict a significantly increased risk of adverse surgical outcomes (e.g., STS-predicted risk of operative mortality ≥5%)		B
	IIa—For UA/NSTEMI if not a CABG candidate		B
	IIa—For STEMI when distal coronary flow is TIMI flow grade <3 and PCI can be performed more rapidly and safely than CABG		C
	IIb—For SIHD when *both* of the following are present: ■ Anatomic conditions associated with a low to intermediate risk of PCI procedural complications and an intermediate to high likelihood of good long-term outcome (e.g., low-intermediate SYNTAX score of <33, b eft main CAD) ■ Clinical characteristics that predict an increased risk of adverse surgical outcomes (e.g., moderate—severe COPD, disability from prior stroke, or prior cardiac surgery; STS-predicted operative mortality >2%)		B
	III: Harm—For SIHD in patients (versus performing CABG) with unfavorable anatomy for PCI and who are good candidates for CABG		B

Patel, et al. J Am Coll Cardiol 2017;69:2212-41

Can we enhance the SYNTAX Score?

- By incorporating FFR into the SYNTAX score, termed "Functional SYNTAX Score" (FSS), can we:

    - Convert high/medium risk SYNTAX score patients to a lower risk group?

    - Improve our risk stratification of patients with multivessel CAD undergoing PCI?

Functional SYNTAX Score (FSS)

Low SS
Medium SS
High SS

163 (32%)
167 (34%)
167 (34%)

Without FFR

Nam CW, et al. J Am Coll Cardiol 2011;58:1211-8
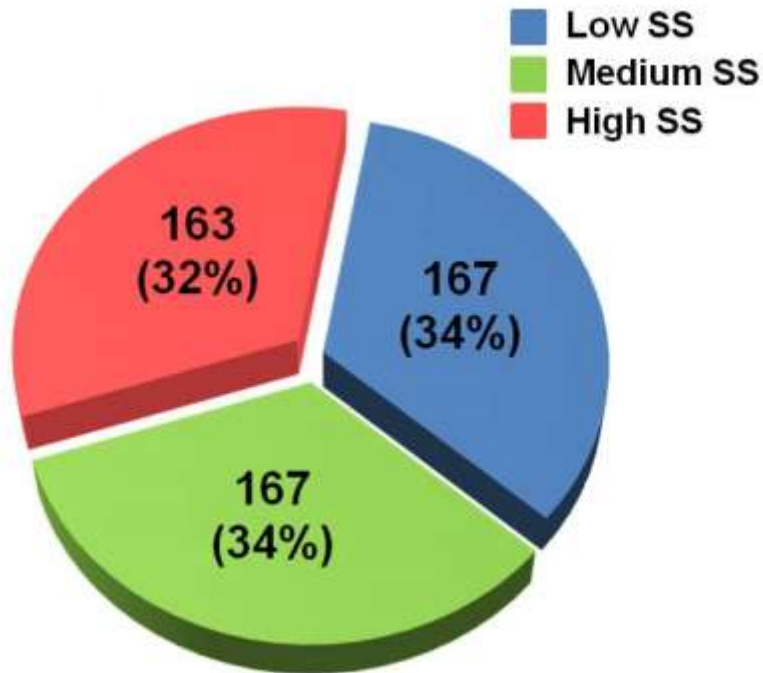
Functional SYNTAX Score (FSS)

Reclassifies > 30% of Cases

Without FFR

With FFR

Nam CW, et al. J Am Coll Cardiol 2011;58:1211-8
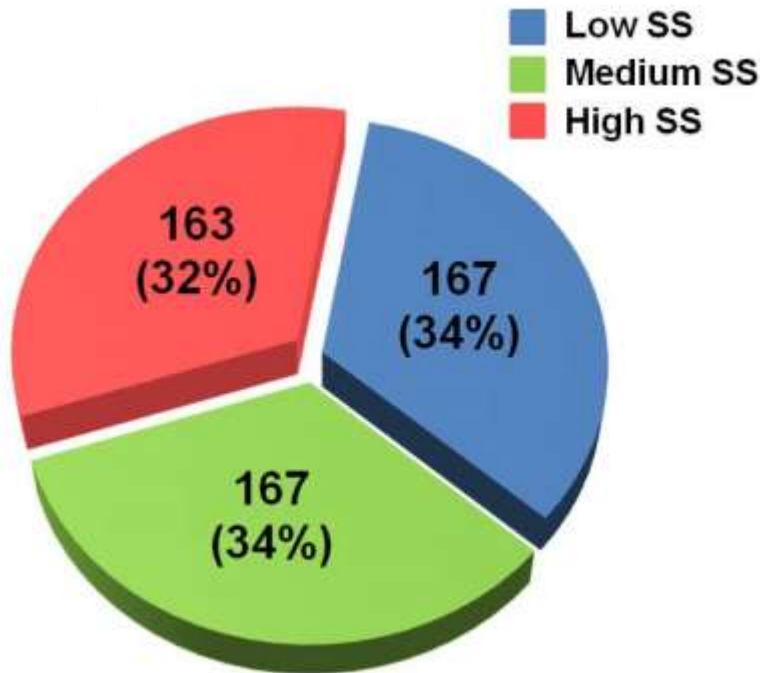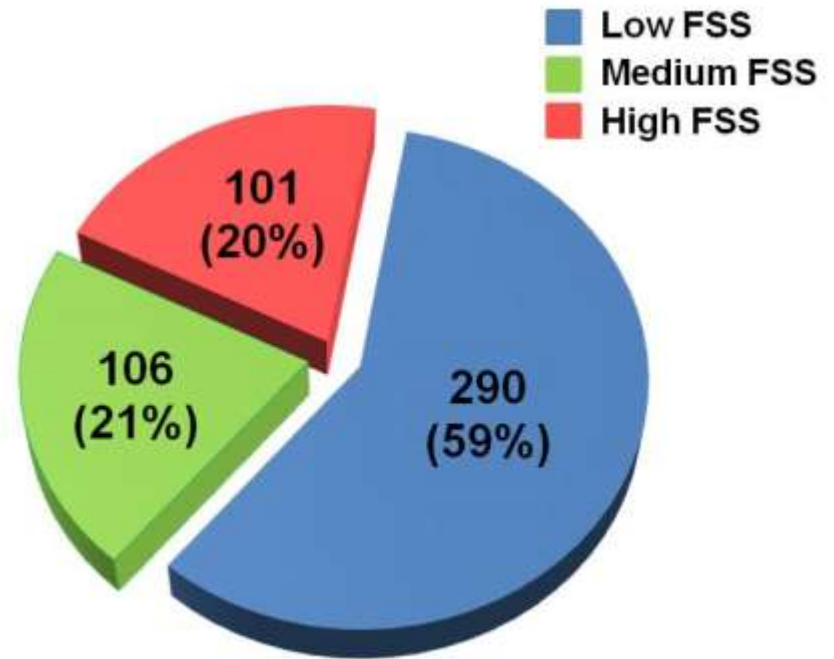
FSS Discriminates Risk for Death/MI

Nam CW, et al. J Am Coll Cardiol 2011;58:1211-8
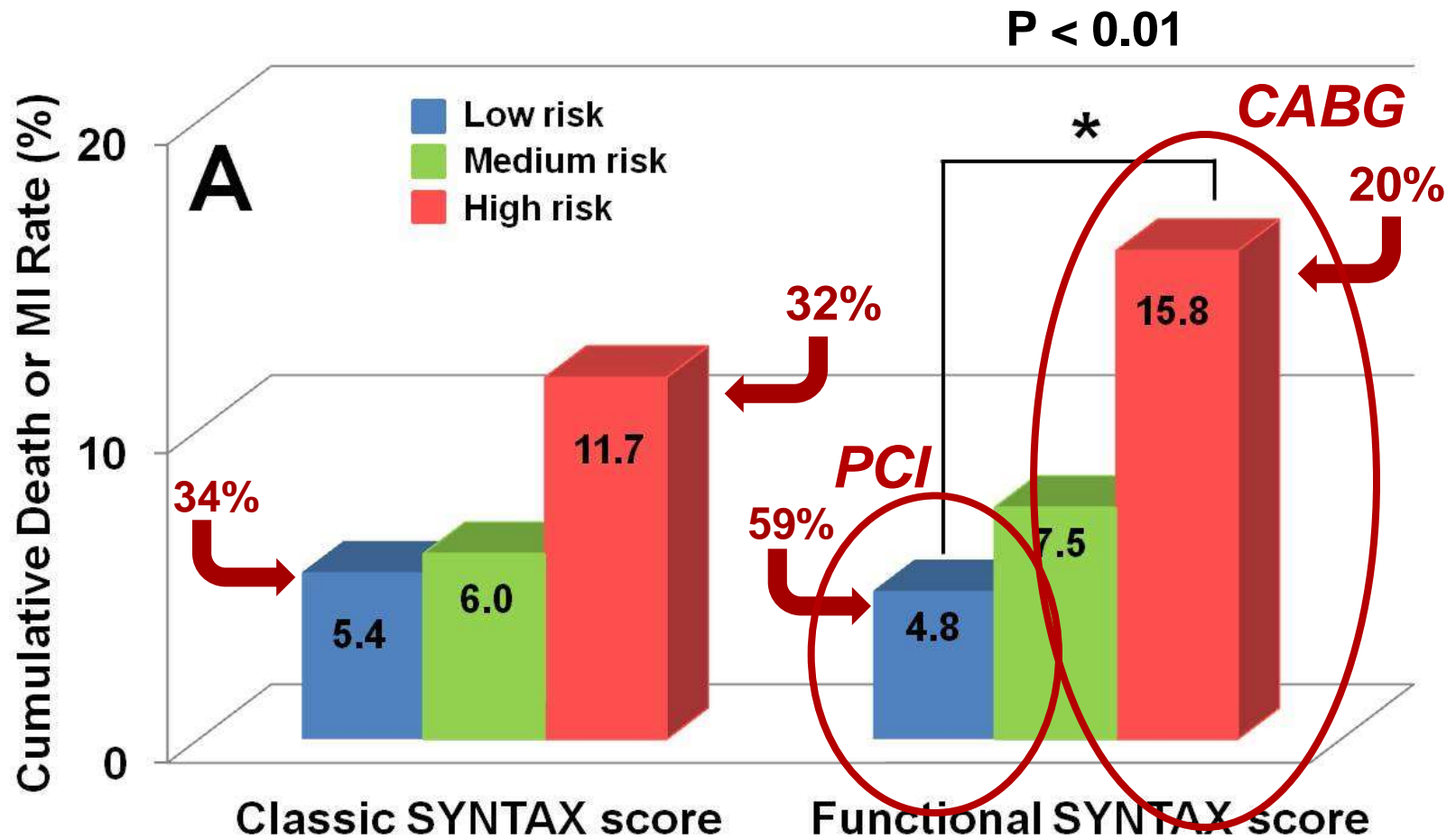
Residual SYNTAX Score (RSS)

- Calculation of the SYNTAX score after revascularization.

- A reflection of the residual degree of atherosclerosis.

- After angiography-guided revascularization, the RSS predicts future MACE.

Kobayashi, et al. J Am Coll Cardiol 2016;67:1701-11.

RSS after Angio-guided PCI

RSS was strongly correlated with outcome in the SYNTAX trial.
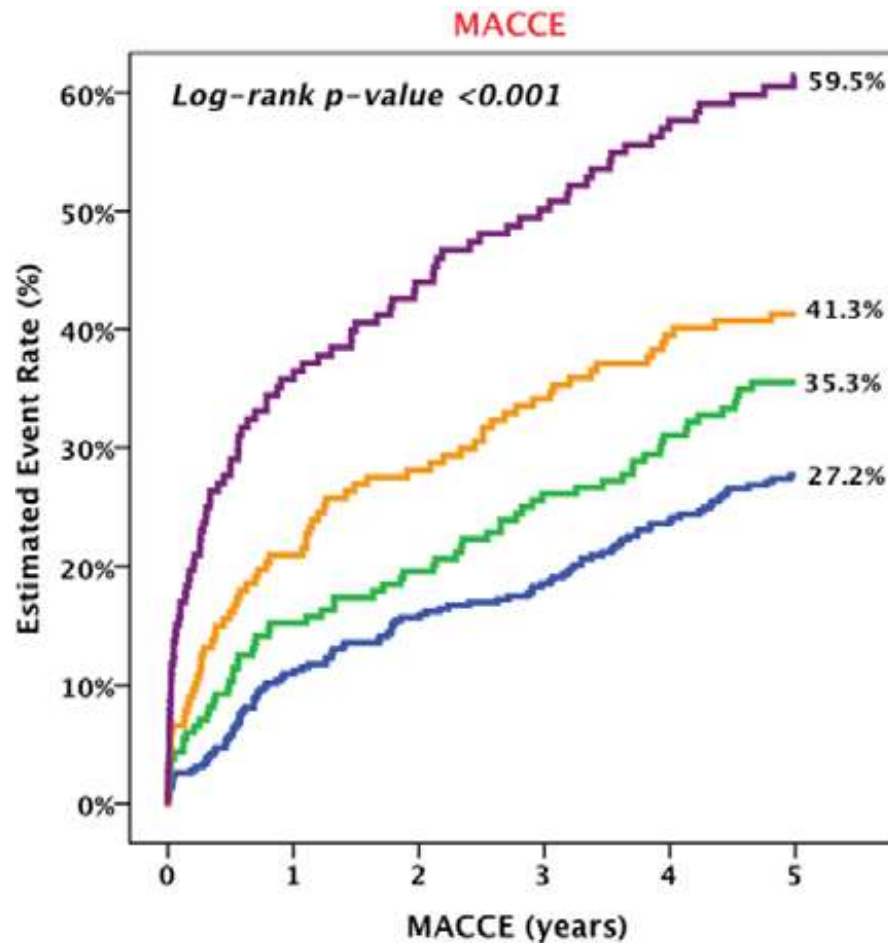
Farooq, V et al. Circulation 2013;128(2):141-51

RSS after FFR-guided PCI

Residual SYNTAX Score calculated after FFR-guided PCI in 427 patients in FAME 1
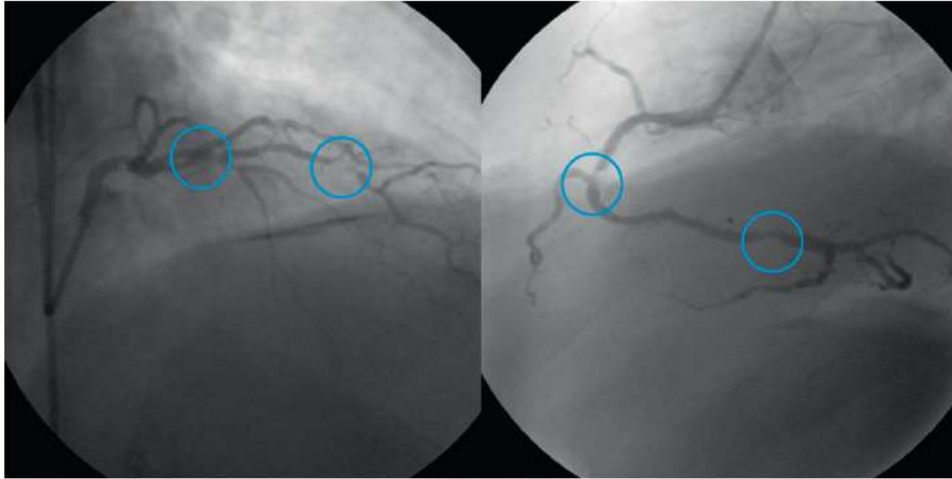
Case 1
SYNTAX Score (SS) = 16
Functional SS = 16
Residual SS = 0

Case 2
SYNTAX Score (SS) = 16
Functional SS = 8
Residual SS = 8

Kobayashi, et al. J Am Coll Cardiol 2016;67:1701-11.

RSS after FFR-guided PCI

Residual SYNTAX Score calculated after FFR-guided PCI in 427 patients in FAME 1

Kobayashi, et al. J Am Coll Cardiol 2016;67:1701-11.

RSS after FFR-guided PCI

Residual SYNTAX Score calculated after FFR-guided PCI in 427 patients in FAME 1

After FFR-guided PCI, the degree of residual CAD does not predict events when it is not functionally significant (i.e. not causing ischemia).

Legend:
- RSS = 0 (n = 62)
- RSS >0-4 (n = 127)
- RSS >4-8 (n = 101)
- RSS >8 (n = 137)

Y-axis: Survival Free from Major Adverse Cardiac Events

X-axis: Days since Randomization

Kobayashi, et al. J Am Coll Cardiol 2016;67:1701-11.

Residual Functional SYNTAX Score

385 patients underwent 3 vessel FFR and PCI. Functionally complete revascularization (residual functional SYNTAX score<1) was compared with functionally incomplete revascularization (rFSS≥1)

Choi, et al. J Am Coll Cardiol Intv 2018;11:237-45.

Residual Functional SYNTAX Score

385 patients underwent 3 vessel FFR and PCI. Functionally complete revascularization (residual functional SYNTAX score<1) was compared with functionally incomplete revascularization (fFSS≥1)

	Functional CR	Functional IR
Major adverse cardiac events*	10 (4.2)	14 (14.6)
Cardiac death or myocardial infarction	2 (0.8)	5 (6.2)
Cardiac death	0 (0)	1 (1.0)
All-cause death	4 (1.4)	1 (1.0)
Myocardial infarction	2 (0.8)	4 (5.2)
Ischemia-driven revascularization	10 (4.2)	13 (13.7)

Choi, et al. J Am Coll Cardiol Intv 2018;11:237-45.

Residual Functional SYNTAX Score

385 patients underwent 3 vessel FFR and PCI. Functionally complete revascularization (residual functional SYNTAX score<1) was compared with functionally incomplete revascularization (fFSS≥1)

Independent Predictors of MACE

Model 1*		
Functional IR	4.17 (1.85–9.44)	<0.001
Acute coronary syndrome	1.37 (0.60–3.10)	0.452
Diabetes mellitus	0.79 (0.32–1.94)	0.600
Age (per year)	1.02 (0.97–1.06)	0.424
Model 2†		
rFSS (as a continuous value)	1.09 (1.02–1.18)	0.018
Acute coronary syndrome	1.40 (0.62–3.12)	0.413
Diabetes mellitus	0.83 (0.33–2.09)	0.697
Age (per year)	1.02 (0.97–1.06)	0.453

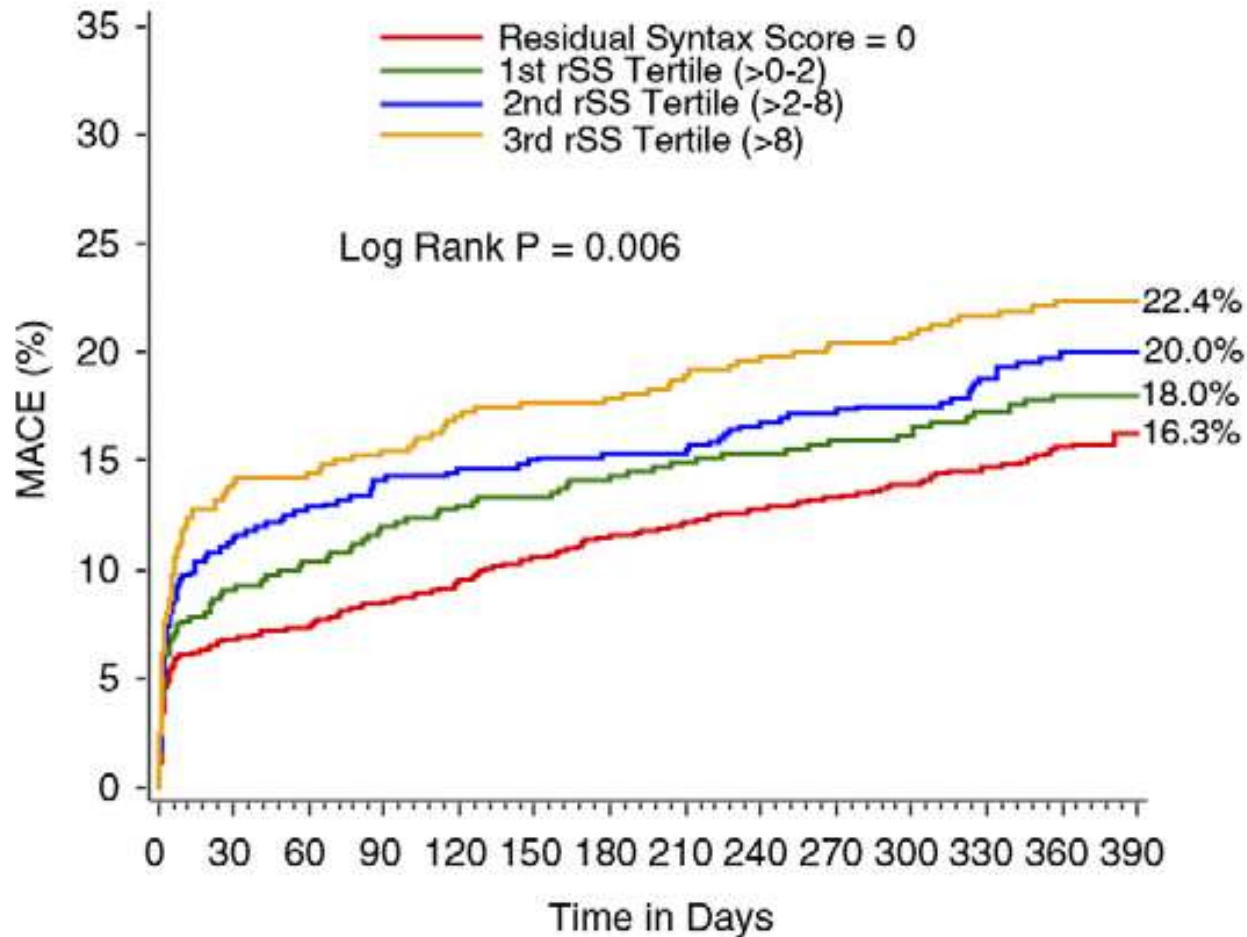Choi, et al. J Am Coll Cardiol Intv 2018;11:237-45.

What about in ACS?

Are there non-culprit plaques which are biologically active and prone to rupture, even though they may not be functionally significant?
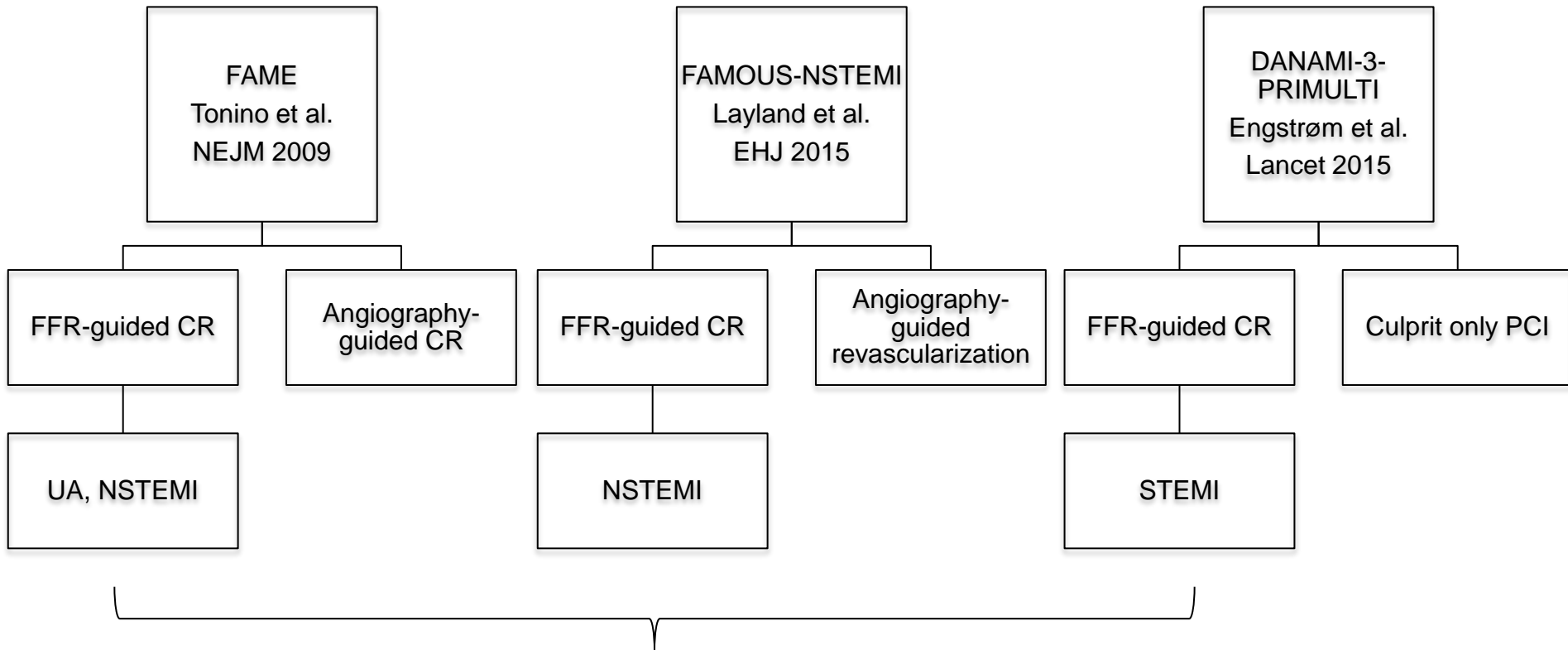
Residual SYNTAX Score in ACS?

Residual SYNTAX Score calculated in ACS patients undergoing angio-guided PCI

Genereux P, et al. J Am Coll Cardiol. 2012;58:2165-74.

RSS after FFR-guided PCI in ACS

FAME
Tonino et al.
NEJM 2009

FAMOUS-NSTEMI
Layland et al.
EHJ 2015

DANAMI-3-PRIMULTI
Engstrøm et al.
Lancet 2015

FFR-guided CR

Angiography-guided CR

FFR-guided CR

Angiography-guided revascularization

FFR-guided CR

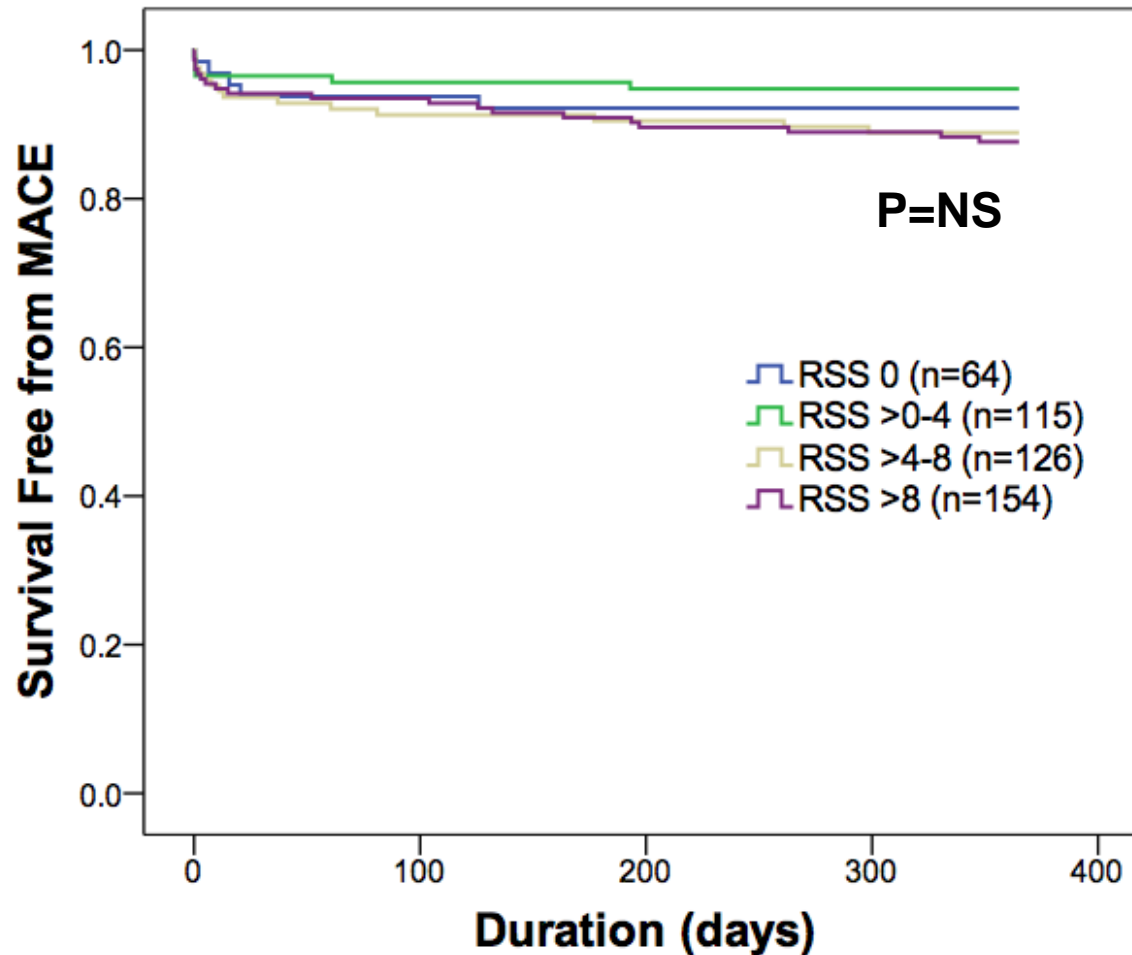Culprit only PCI

UA, NSTEMI

NSTEMI

STEMI

A total of *459 patients presenting with ACS who underwent "functionally" complete revascularization.

*Preliminary data. Final analyses will include higher number of patients.

RSS after FFR-guided PCI in ACS

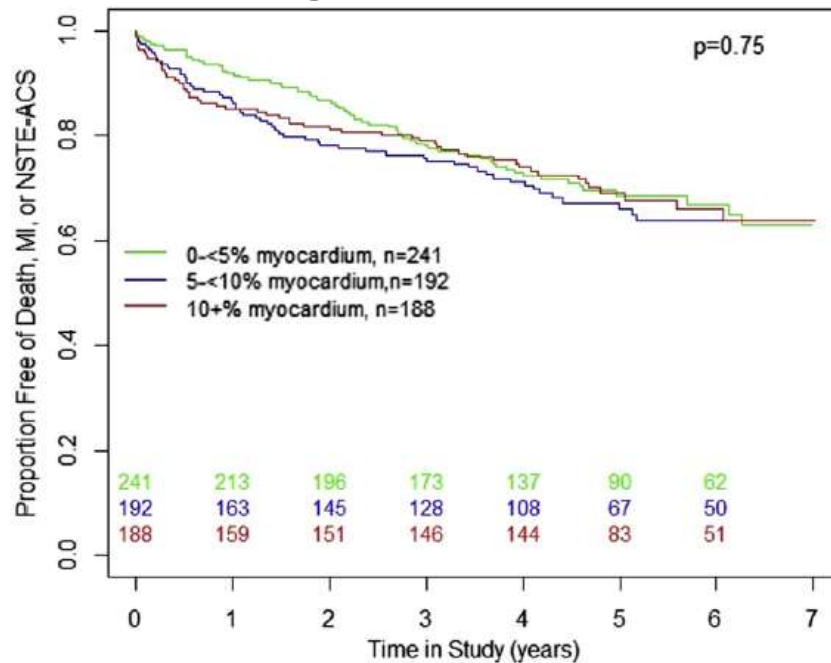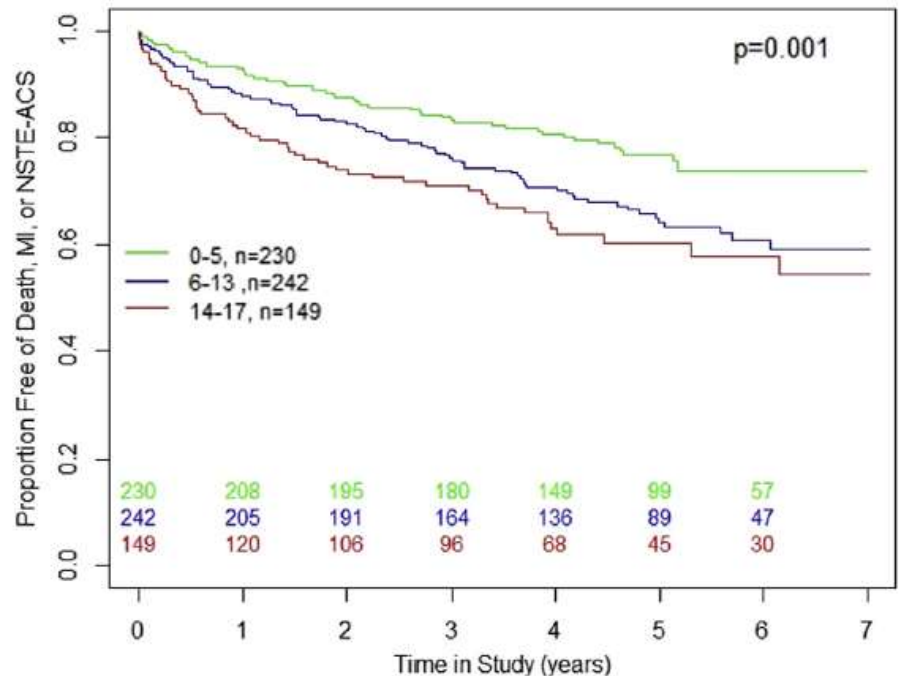*After functionally complete revascularization, RSS was not predictive*

Kobayashi, et al. TCT 2017

Ischemic vs. Anatomic CAD Burden

621 COURAGE patients with NPS and QCA prior to randomization

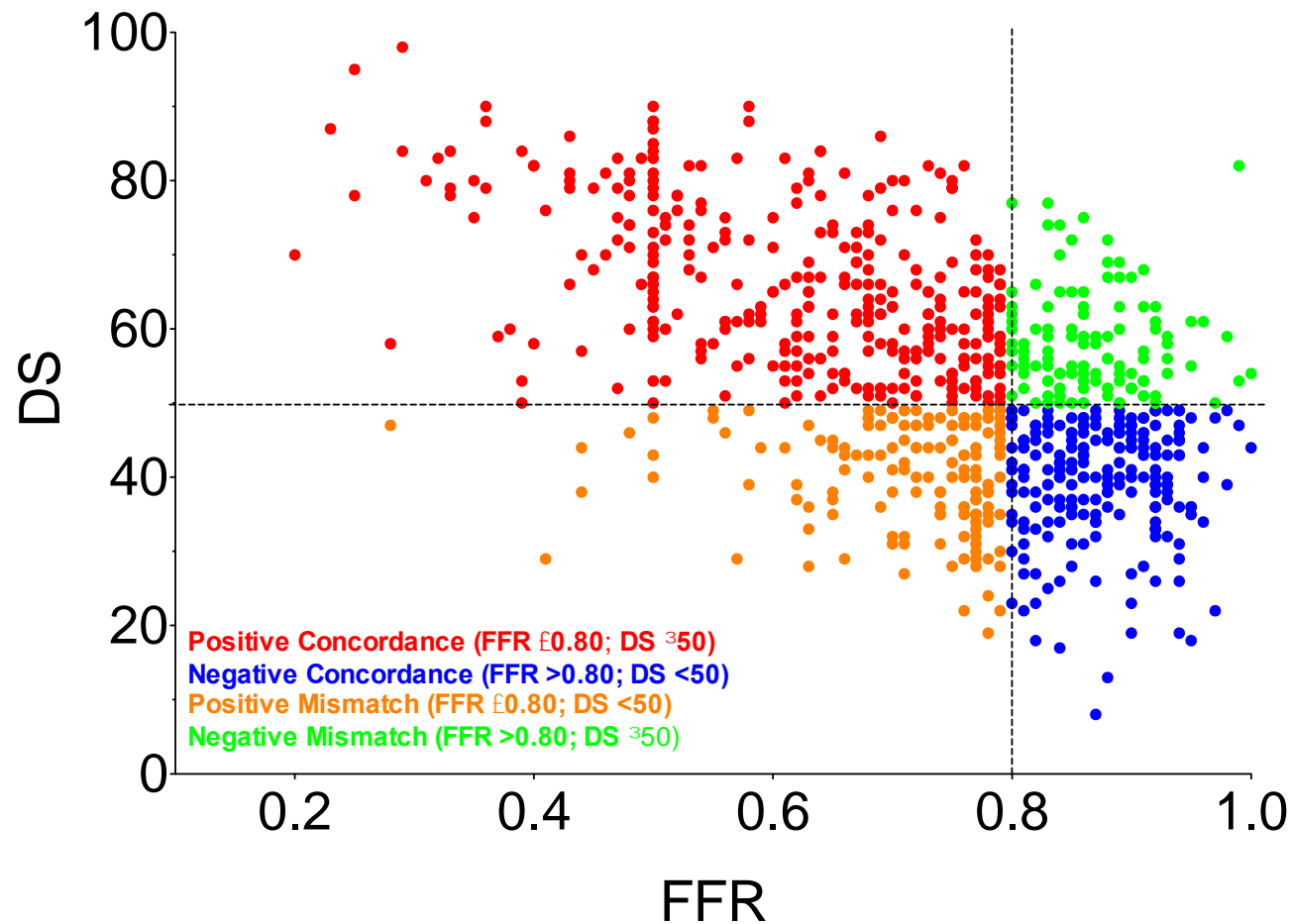Mancini, et al. J Am Coll Cardiol Interv 2014;7:195-201.

Ischemic vs. Anatomic CAD Burden

- Major limitation of this study:
  - The degree of ischemia was assessed *before* the patient was treated with PCI or medical therapy.

  - What we really want to know is what is the degree of *residual* ischemia, because this is likely to be more predictive of outcomes than simply the burden of atherosclerosis.

Ischemic vs. Anatomic CAD Burden

1,029 lesions from 607 medically treated patients in FAME 2

Positive Concordance (FFR £0.80; DS ³50)
Negative Concordance (FFR >0.80; DS <50)
Positive Mismatch (FFR £0.80; DS <50)
Negative Mismatch (FFR >0.80; DS ³50)

Ciccarelli, et al. Circulation 2018;137:1475-85.

Ischemic vs. Anatomic CAD Burden

1,029 lesions from 607 medically treated patients in FAME 2

Ciccarelli, et al. Circulation 2018;137:1475-85.

SYNTAX II

Single arm study comparing physiology guided PCI to historical control

Patient included in the SYNTAX II study

iFR in all intended to treat stenoses

| iFR < 0.86 | iFR 0.86 – 0.93 | iFR > 0.93 |

FFR

| FFR ≤ 0.80 | FFR > 0.80 |

Stenosis treated with SYNERGY™ EES

Stenosis not treated

IVUS optimization

Optimal medical therapy with strict LDL control (≤ 1.8mmol/L)

Escaned J, et al. Eur Heart J. 2018; in press

SYNTAX II

Single arm study comparing physiology guided PCI to historical control

FAME 3 Trial

All Comers with 3 V CAD
(not involving LM)

↓

Heart team identifies lesions for PCI/CABG
and then patient is randomized

FFR-Guided PCI with Resolute DES
Stent all lesions with FFR ≤ 0.80
(n=750)

Perform CABG based on
coronary angiogram
(n=750)

Primary: One Year follow-up for Death, MI, CVA, Revascularization
Key Secondary: Three Year follow-up for Death/MI/CVA

Non-inferior Design

Zimmermann, et al. Am H J 2015;170:619-26.   NCT02100722
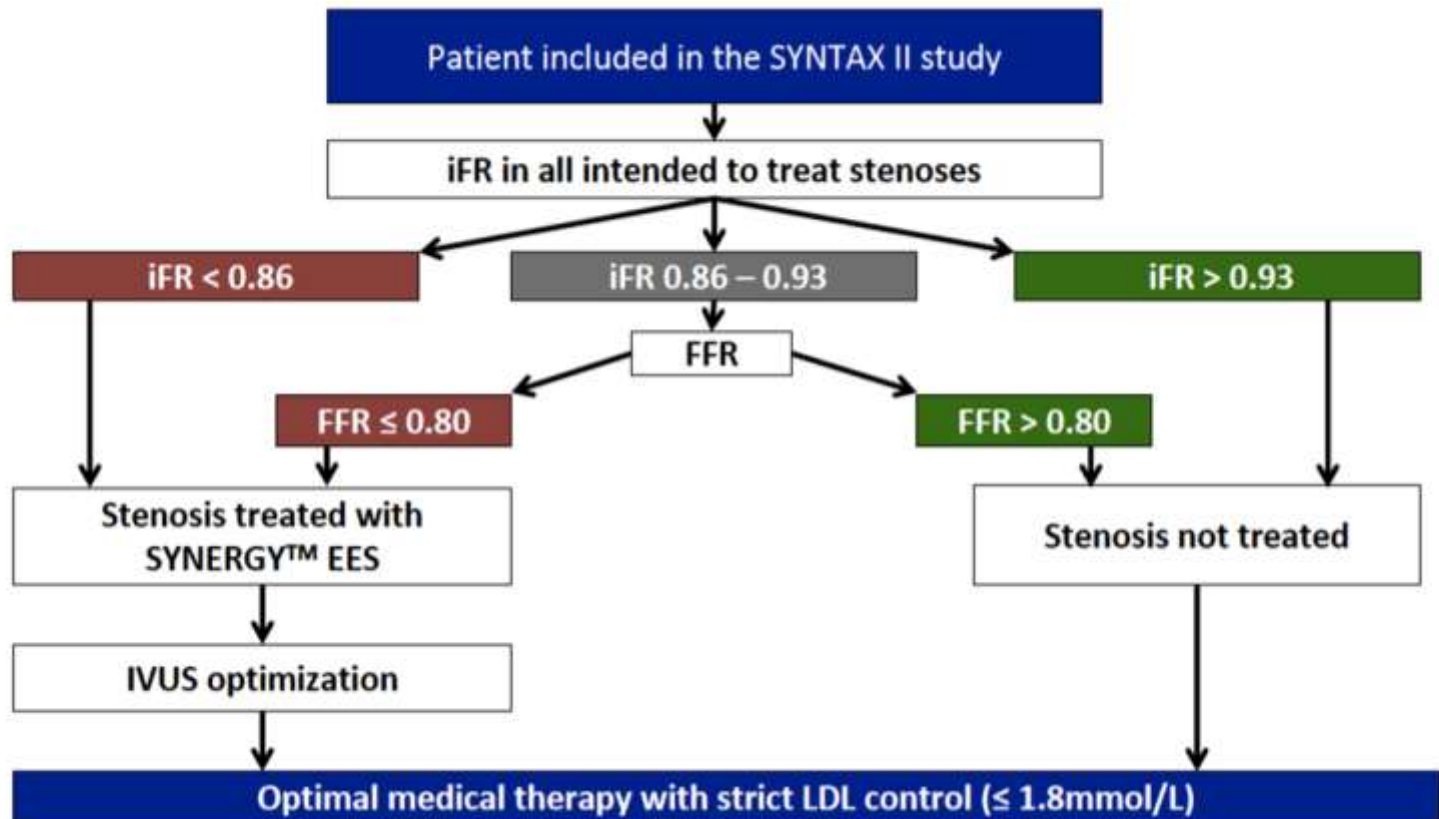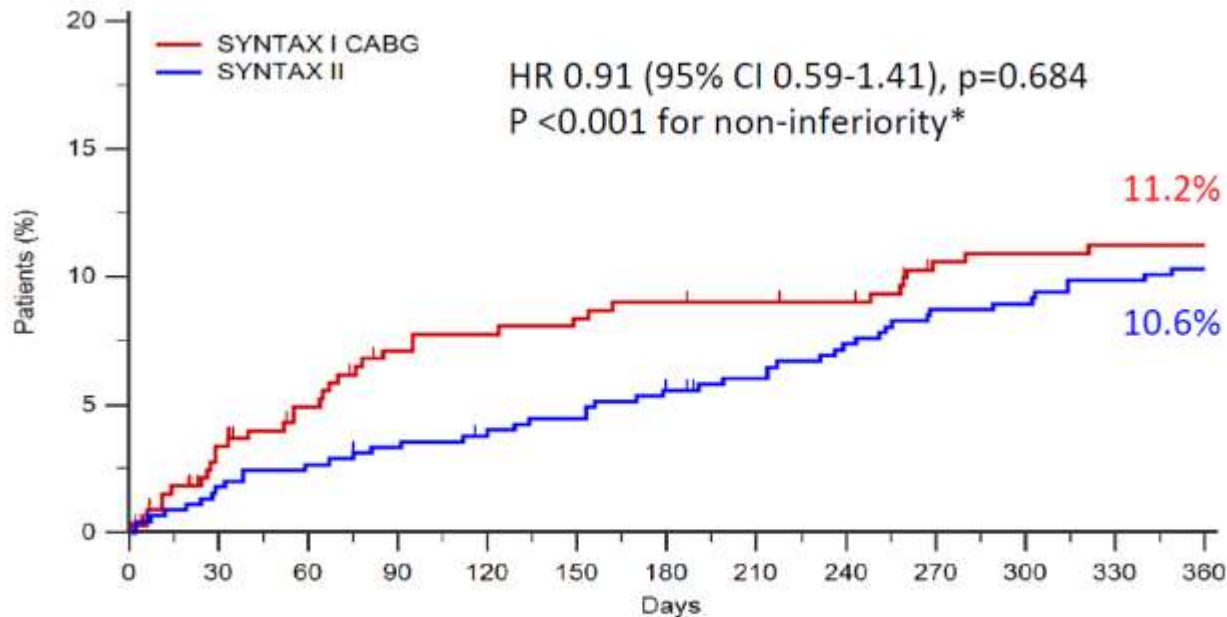
Conclusions

- After functionally complete revascularization, the residual, functionally insignificant lesions do not increase the risk for MACE, even in ACS patients.

- Functional significance is a stronger predictor of cardiac events than angiographic appearance.

- The Functional SYNTAX Score is being tested prospectively in the FAME 3 trial comparing FFR-guided PCI to CABG.